SPORT

Traditional/national sports

Conditions for sports (climate, location...)

Popular sports

Famous sportsmen/sportswomen

Characteristics of one sport in more detail (category, place, equipment, rules)

Your preferences

What kinds of sports are there?

Sports can be divided into summer and winter sports. Also, there are water sports, extreme sports. Sports can be practised indoors and outdoors. They can be practised by amateurs or by professional sportsmen/sportswomen. There are team sports individual sports.

fencing - šerm, gymnastics, football, tennis, rugby, cricket, boxing, running, sailing (plachtění)

weightlifting (vzpírání), hammer throw (vrh kladivem), javelin throw (vrh oštěpem) high jump (skok do výšky), athletics, figure skating – krasobruslení, martial arts – bojová umění, horse racing - dostihy

hockey, chess, cross-country skiing, downhill skiing, cycling, curling, swimming, rock-climbing, yoga, hiking, table tennis, badminton, squash, karate, judo, sumo or sumo wrestling, fishing, golf, volleyball, baseball, basketball, archery (lukostřelba), snowboarding, American football, spinning, brisk walking (rychlá chůze), handball (házená)

INDOOR SPORTS:

a/ gym: gymnastics, table tennis, boxing, wrestling etc.

b/ court: tennis, badminton, squash, basketball, volleyball

c/ field: American football, baseball, rugby

d/ ice rink: ice-hockey

e/ swimming pool: swimming, diving, water polo

OUTDOOR SPORTS depend on the climate to a certain extent:

skiing – downhill, cross-country skiing, slalom, ski jump

hiking

rock climbing

cycling

jogging

Which sports are popular in the Czech Republic?

Football, ice-hockey, tennis, volleyball, basketball, badminton.

THE USA: The following sports are very popular in the USA: American football, baseball, basket. In some regions, people also like lacrosse and ice-hockey.

CANADA: Popular sports include: hockey, lacrosse, which is the national sport in Canada.

THE UK: Popular sports in the UK include: football, (called soccer in the US and Canada), cricket, rugby, golf, horse racing, tennis, polo, judo and rowing (veslování).

AUSTRALIA: Because of the climate, water sports are popular in Australia. Sailing and surfing in coastal areas, water-skiing on rivers and lakes. In summer, people play tennis, cricket and golf. In winter, people play and watch Aussie Rules Football.

NEW ZEALAND: Ball-oriented sports are popular in N. Z. People are fond of rugby and netball (česky netball – dívčí košíková).

There can be tournaments (turnaje), championships.

It is thought the first Olympics were held in 776 B.C. The games were held every four years. The original games came to an end in A. D. 393. The first modern Olympics were held in Athens, Greece in 1896. The first time women were allowed to compete was in 1928. Athletes from all around the world come to compete. There are the Summer Olympic Games and the Winter Olympic Games. In summer, there are usually swimming, cycling, judo, the high jump, shooting, basketball, relay race (štafeta) etc. In winter, there are usually skiing, skating, snowboarding etc.

Some people may think that Olympics have become a tool for politics and propaganda. Others may think that the Olympics have become too commercial.

Famous sportsmen/sportswomen

Jana Novotná was a professional tennis player.

Martina Navrátilová is a former professional tennis player, lived in the USA.

Serena Williams is an American professional tennis player.

Diego Maradona was an Argentine professional football player.

David Beckham – an English former professional footballer

Jaromír Jágr - is a Czech professional ice hockey player. He comes from Kladno. He played hockey in the USA and in Canada.

Characteristics of one sport in more detail: skiing

The equipment: skis, poles, an anorak, mittens (palčáky), gloves, goggles (to protect your eyes), ski suit (lyžař. kombinéza), (a two-piece ski suit: a ski jacket and ski pants),  a hat, ski boots, ski helmet, ski binding (vázání). You practice skiing in the mountains. There are pistes – sjezdovky. /píst/ and

 ski lifts (lyžařský vlek.) (Also, there is water-skiing, grass skiing.)

Some sportsmen or sportswomen may take steroids. There may be doping, performance-enhancing drugs, cheating, corruption, sports betting scandals.

MORE QUESTIONS FOR YOU IF YOU RUN OUT OF IDEAS:

Which sports are popular in your country and why?

Do you go to sporting events? Why? /Why not?

Which sports television channels do you know of?

Do people in your country watch sports on TV? Why? / Why not?

What do you do to keep fit?

Some people say that the Olympic Games have become too commercial. What do you think?

What about P. E. lessons at your schools? How often do you have P. E. lessons? What do you do?

Which sport/s did you do when you were a child?

Do your parents/siblings do any sports?

Which sport/s would you like to take up?

What are the benefits of doing sports? Why do sports?

What is not allowed in some sports?

What kind of sports do you like/dislike and why?

How often do you play sports? Why?

Would you like to be a professional sportsman/sportswoman? Why? Why not?

Who are your favourite sportsmen/sportswomen? Why do you like them?

Which team do you support?

When it comes to sport, are you very competitive?

Do you take sport very seriously? Why? Why not?